

APRIL | 2023

Hamilton Local Schools Grade 9-12



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| 3 EASTER BREAK | 4 EASTER BREAK | 5 EASTER BREAK | 6 EASTER BREAK | 7 EASTER BREAK |
| 10 Bosco Sticks Marinara Steamed Broccoli Cucumbers Fruit (2) Milk | 11 Chicken Nuggets Hot Roll Steamed Corn Celery Sticks Fruit (2) Milk | 12 Hamburgers / Bun French Fries Dill Pickles Fruit (2) Milk | 13 Chicken Sandwich Green Beans Baby carrots Fruit (2) Cookie Milk | 14 Taco Salad Refried Beans Tortilla Chips Fruit (2) Milk |
| 17 Pizza Romaine & Spinach Salad Sliced Cucumbers Fruit (2) Sun Chips Milk | 18 Chicken Sandwich Steamed Corn Celery Sticks Fruit (2) Milk | 19 Macaroni & Cheese Soft Pretzel Green Beans Green Peppers Fruit (2) Cookie Milk | 20 Ham Cheese Calzone Steamed Broccoli Baby Carrots Fruit (2) Milk | 21 Cheese Quesadilla Refried Beans Mini Tomatoes Fruit (2) Milk |
| 24 Pizza Green Beans Baby Carrots Fruit (2) Milk | 25 Chicken Nuggets Corn Bread Steamed Carrots Sliced Cucumbers Fruit (2) Milk | 26 Rotini Garlic Toast Romaine & Spinach Salad Mini tomatoes Fruit (2) Milk | 27 Chicken Sandwich Baked Beans Green Peppers Fruit (2) Milk | 28 Three Cheese Calzone Marinara Steamed Corn Cauliflower Bites Fruit (2) Cookie Milk |

News

**Breakfast is offered
Daily at no cost.**

**A complete lunch
consists of Five food
Components**

**Grains (part of entrée)
Protein (part of entrée)**

**Vegetable, Fruit, and
Milk**

**Students must take
Three of the Five food**

**Components and One
Must be a Fruit or
Vegetable**

**Additional entrees
Selections are available**

**Daily Entrees
PB&J Sandwiches
Specialty Salads**

**Menu is Subject to
Change**